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Overexposed

By Jeanette A Shockley, Jeannette Shockley

Publishamerica, United States, 2004. Paperback. Book Condition: New. 211 x 140 mm. Language: English . Brand New Book. Every day we are exposed to situations that are beyond our control. It doesn't matter whether you are an elderly grandmother or a soldier fighting in Iraq. It doesn't matter whether you are a war veteran, cop, medical examiner or an EMT. At any time, you could be pushed over the edge. If I had known that my job was going to expose me to such horrific things, I could have saved myself. This book goes into graphic detail about my experiences with crime scenes, assaults, death threats, homicides, drugs and sex crimes. I will also tell you about workplace harassment and my recovery. When I was diagnosed with post traumatic stress disorder (PTSD) everything seemed so hopeless. The flashbacks, hypervigilant behavior, sleepless nights and paranoia were all consuming. The scenes described are worse than the scariest movie you will ever see and, quite simply, can cause people to be Overexposed.



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