



No Boundary: Eastern and Western Approaches to Personal Growth (New edition)

By Ken Wilber

Shambhala Publications Inc. Paperback. Book Condition: new. BRAND NEW, No Boundary: Eastern and Western Approaches to Personal Growth (New edition), Ken Wilber, A new edition from the Grand Master of consciousness - a simple, yet comprehensive guide to Eastern and Western psychologies and therapies - "There is every chance that Wilber will do for consciousness what Freud did for psychology." Dr. Jean Houston, author of The Search For the Beloved - "No Boundary does for this generation what Alan Watts' writings did for an earlier one. It brings the most difficult subject of all - the nature of consciousness - into an easily grasped presentation that is both elegant and simple." - John White, editor of Kundalini, Evolution, and Enlightenment - Ken Wilber's bestselling books have cumulative sales of 1 million copies - Each chapter includes a specific exercise designed to help the reader understand the nature and practice of specific therapies - Presents an easy-to-use map of human consciousness ADDITIONAL INFORMATION: No Boundary is a simple yet comprehensive guide to the types of psychologies and therapies available from Eastern and Western sources. Ken Wilber presents a new, easy-to-understand map of human consciousness, against which various therapies are introduced and...



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