



Basic Essentials Wilderness First Aid (3rd Revised edition)

By William W. Forgey, Cliff Jacobson, Michael Hodgson

Rowman & Littlefield. Paperback. Book Condition: new. BRAND NEW, Basic Essentials Wilderness First Aid (3rd Revised edition), William W. Forgey, Cliff Jacobson, Michael Hodgson, An information-packed tool for the novice or handy reference for the veteran. Distills years of knowledge in an affordable and portable book. Discover how to apply first aid to a variety of wounds, treat abdominal pains and discomforts, soothe bites and stings, deal with heat and cold injuries, and wrap sprains, fractures and dislocated joints. In addition, you'll find a information on elementary CPR as well as lists of essential items for an outdoor first aid kit.

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